



Your Mind Matters

Community mental health services in Newham are changing and we need your help! If you are 65+ and would like to help us TRANSFORM SERVICES for Older Adults, get in touch

LET'S IMPROVE WELLBEING FOR OLDER ADULTS 65+

We are creating a safe space for Older People to collectively discuss and address difficulties experienced within mental health services.

Eligible participants will be paid for their time.

ALL ARE WELCOME

FOR MORE INFORMATION CONTACT:

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