

LET'S IMPROVE WELLBEING FOR OLDER ADULTS 65+

Your Mind Matters

Community mental health services in City & Hackney, Newham, and Tower Hamlets are changing and we need your help! If you are 65+ and would like to help us TRANSFORM SERVICES for Older Adults, get in touch



We are creating a safe space for Older People to collectively discuss and address difficulties experienced within mental health services.

Eligible participants will be paid for their time.

ALL ARE WELCOME

FOR MORE INFORMATION CONTACT:

SILVIA.CORRIAS@NHS.NET / 07825 900169

SILVIA CORRIAS - PEOPLE PARTICIPATION WORKER FOR OLDER PEOPLE