

WE ARE HEALTHY.

WE ARE NEWHAM.

FREE VITAMINS WITH **VITAMIN D** FOR ALL CHILDREN UNDER 4, PREGNANT WOMEN AND NEW MUMS.

Healthy Start vitamins help young children grow up healthy and strong and help mum to maintain her health during pregnancy and support healthy growth of her unborn baby.

Stratford

- 1. Rebecca Cheetham Nursery School**
Marcus Street, E15 3JT
☎ 020 8534 3136

Forest Gate

- 2. Maryland Children's Centre**
Buxton Road, E15 1QX
☎ 020 8534 8135
- 3. Kay Rowe Nursery School**
Osborne Road, E7 0PH
☎ 020 8534 4403

Manor Park

- 4. Sheringham or Manor Park Children's Centre**
Sheringham Avenue, E12 5PB
☎ 020 8553 2479

Plaistow

- 5. Plaistow Primary School and Children's Centre**
Eastern Road, E13 9DQ
☎ 020 8548 5620

Green Street

- 6. St Stephen's School and Children's Centre**
Whitfield Road, E6 1AS
☎ 020 8472 7575

East Ham

- 7. Altmore Children's Centre**
82 Altmore Avenue, E6 2BY
☎ 020 552 6604
- 8. Oliver Thomas Nursery School**
1 Mathews Avenue, E6 6BU
☎ 020 8552 1177

Custom House & Canning Town

- 9. Edith Kerrison Nursery School and Children's Centre**
Sophia Road, E16 3PB
☎ 020 7476 1735

Beckton

- 10. Beckton and Royal Docks Children's Centre**
Tollgate Road, E6 5UP
☎ 020 7474 0654



Visit one of the listed centres, or scan the QR code to find other locations near you, to collect your Free vitamins and find out more about how to apply for the Healthy Start Free Food and Milk scheme.